

# CUPCURE

*Creating a Healer at every home*

## DIPLOMA IN ADVANCE CUPPING/HIJAMA THERAPY

*Course accredited by IPHM (UK-Europe)*



[www.cupcure.in](http://www.cupcure.in)

 [cup\\_cure](https://www.instagram.com/cup_cure)

 98200 66520

 [CupCure](https://www.facebook.com/CupCure)



सत्यमेव जयते



# CUPCURE



## About Us

Cupcure team is dedicated to educating and training practitioners & therapist about **c u p p i n g ( H i j a m a ) t h e r a p y .** We have 100% faith & conviction in this Ancient remedy and truly believe that It is the ultimate super therapy!

We are a team of healthcare professionals and experienced cupping or Hijama therapists in Mumbai. Each of our therapists has several years of experience and expertise in cupping therapy and offers treatment for patients under the assistance of skilled healthcare professionals.



# WHO SHOULD TAKE THIS COURSE

**1**

You want to learn about cupping & Alternate Medicine therapies.



You want to become a Cupping therapist

**2**

**3**

You want a certificate or a diploma in cupping therapy.

This course is designed to empower all especially females, After completion of this course, they will become certified cupping therapists & start their own business.

**4**



## Module#1

### Introduction, History & Science

1. Cupping Introduction
2. Why we started teaching Hijama
3. History of Cupping
4. Cupping in Indian Culture
5. Science of Dry Cupping
6. Science of Wet Cupping



## Module#2

### Types of Cupping, Materials required & Bloodletting Techniques

1. Different Types of Cupping
2. Materials & Tools Required for Cupping
3. Bloodletting Techniques
4. Difference between Hijama & Venesection
5. Leech Therapy



## Module#3

### Cupping in Unani & TCM

1. Cupping in Unani Tibb
2. Cupping in Traditional Chinese Medicine
3. Types of Wet Cupping

## Module#4

### Skin, Blood & Lymphatic System

1. Skin Anatomy
2. Blood Anatomy
3. Lymphatic System





## Module#5

### Islamic View & Aspect of Hijama

1. Importance of Hijama in Islam
2. Sayings of Prophet Muhammad (PBUH) for Hijama
3. Jinns, Black Magic & Hijama
4. Effect of Moon on the earth & Human Body



## Module#6

### • Modern Medical Research on Hijama

1. Modern Medical Understanding of Hijama
2. Hijama on Diabetes
3. Hijama on Pain & Other Diseases

## Module#7

### General Contraindications and Precautions

1. Guidelines for performing Hijama
2. General Contraindications
3. Areas that should not be bled
4. Assessment & condition of Person doing Hijama
5. Cupping Marks Indication
6. What to do after Hijama?





## Module#8

### Technical Guide & Demo of Dry & Wet Cupping

1. Preparation for the session
2. Surface Landmark for Sunnah Hijama Points
3. Stationary & Moving Cups Demo
4. Functional Cupping Demo
5. Wet Cupping with PC Method
6. Wet Cupping with CPC Method
7. Hijama on Head with Suction Machine
8. Acupuncture Cupping Demo
9. Electric Cupping Demo
10. Fire Cupping Demo
11. Moxa Cupping Demo
12. All Cupping Points Folder



## Module#9



### Psychological Counselling & Consulting the Patient

1. Introduction & Skill needed for Counselling
2. Conscious & Subconscious Mind
3. Happy Hormones
4. Steps of Counselling & Acceptance Cycle
5. Curing VS Healing



## Module#10

### Tips & Suggestions from the Trainer

1. Keep Learning & Be Up to date.
2. Your Patients also need Knowledge
3. 12 Most Important Systems in the Human Body



## Module#11

### Dermaplaning

1. Introduction to Dermaplaning
2. What is Dermaplaning?
3. Dermaplaning FAQ's
4. What if you Nick?
5. Contraindications
6. Things require for Dermaplaning
7. Practical Demo for Dermaplaning



## Module#12

### Facial Cupping

1. What is Facial Cupping?
2. How does it Works?
3. Contraindication
4. Facial Cupping Handbook
5. Practicals : Demo#1 : Cleansing
6. Practicals : Demo#2 : Scrubbing
7. Practicals : Demo#1 : Facial Cupping
8. Practicals : Demo#1 : Masking & Final Output





## Module#13



### Bio Medical Waste

1. What is Bio Medical Waste?
2. Segregation of Wet Cupping Waste
3. Steps of discarding the Hijama Waste

## Module#14

### Alternate Equipments

1. Smoke Oil Demo
2. Fascial Gun Demo
3. Gravity Cupping
4. Intelligent Breathing Cupping



## Cupping Common FAQs

## Module#15

- FAQ #1 Does it pain in Hijama?
- FAQ #2 Blood get reduced in Body after Hijama?
- FAQ #3 I did Hijama but there was no Blood?
- FAQ #4 Side Effects of Hijama
- FAQ #5 Can we do rest after Hijama
- FAQ #6 Why we should FAST before Hijama
- FAQ #7 How many sessions should be done for Hijama
- FAQ #8. Major Precaution Before & After Hijama
- FAQ #9 Can Hijama heal every disease
- FAQ #10 How often we can do Dry Cupping?
- FAQ #11 Hijama should be done only on Sunnah Days
- FAQ #12 Hijama on Skin Disease
- FAQ #13 What to apply after Hijama on Skin
- FAQ #14 Can I open My Hijama Center after completing Diploma?
- FAQ #15. Things Require if you want to do Freelancing
- FAQ #16 What to do if somebody fainted?





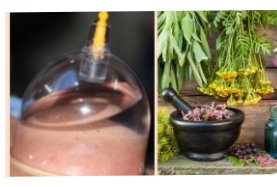
## TYPES OF CUPPING



Stationary Cupping



Moving Cupping



Herbal Cupping



Moxa Cupping



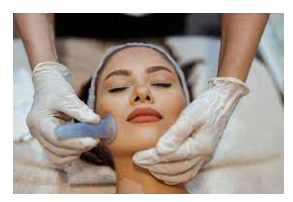
Electric Cupping



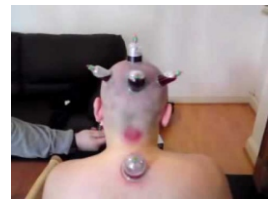
Infrared Cupping



Functional Cupping



Cosmetic Facial Cupping



Head Cupping



Hair Cupping



Fire Cupping



Bamboo Cupping

## TYPES OF CUPS



Plastic Cups



Moving Silicon Cups



Electric Cups



Moxa Cups



Magnetic Cups



Bamboo Cups



Glass Cups



Hijama Pen (Lancet)



Facial Cups



Rotary Cups



Gravity Cups



Cupping Machine



## COURSE INCLUSION, FEES & TIMING

### INCLUSION

- ◆ Cupping Book
- ◆ Cupping Practice Kit (Classroom students only)
- ◆ CupCure Certification
- ◆ Diploma of Cupping Therapy- Accredited by IPHM UK Europe.

### Fees Structure

- ◆ Online Course : 8000/-
- ◆ Practical Training : 3500/-
- ◆ Diploma : 3500/-

(Online)  
**8000/-**

### Fees Structure

(Classroom)  
**15000/-**



**C U P C U R E**

An ancient therapy for well being



1308 13th Floor JMS Business Center,  
Behram Baug Road,  
Opp. Kadam Nagar,  
Jogeshwari (W), Mumbai - 400102.

**www.cupcure.in**

 **98200 66520**

 **cup\_cure**

 **Cup Cure**